THE HEADLINER



Network Cable Systems, Omaha Works

January 25, 1993

WEOMA names new officers

The new president of the WEOMA Club plans to apply the experience he has gained through past involvement in the club, as well as from service in the Cornhusker Pioneers Chapter and local community.

Jerry Fitzgerald, who works in shipping in Bldg. 50, is no stranger to volunteer activities. His work in the Pioneers has included serving as Works chairman of the Salvation Army Bell Ringers project for 12 years, and as president for 1988-89. He's on the directing board of Big Brothers/Big Sisters and has served as a loaned executive for the United Way of the Midlands/CHAD campaign.

Fitzgerald said he sees his role as 1993 WEOMA president as being "similar to that of a facilitator. My goal as president is to see to it that the (WEOMA) directors accomplish their individual goals."



Photo by Linda Ryan NEW WEOMA PRESIDENT...Jerry Fitzgerald.

To be a good leader, he believes, "you have to be a good server."

Serving with Fitzgerald as WEOMA officers for 1993 are Bob Miller, executive vice-president; Dennis Karloff, vice-president; Anna Applegate, treasurer; Annette Eggert, assistant treasurer; and Clara Hendricks, secretary.

The club's 1993 board of directors includes Carol Bloomer, Terry Kamino, Pam Raabe, Miyeko Kostszewa, Jerry Berger, Ethel Payton and Bill Fleming.

The WEOMA Club has overseen the organization of sports and social activities for Works employees since the plant's beginnings. Over the years, group clubs (Toastmasters, Ski Club, etc.) have formed or dissolved, reflecting changing interests of employees.

The WEOMA officers, directors and group clubs were asked to submit to the Headliner summaries of their various activities. The information they provided is published here as a reference guide for all employees.

Group Clubs

Outdoor Adventure Club Officers:

Co-pres.--Jeff and Julie Nielson Sec./treas.--Kevin Arnold

Purpose: To promote outdoorrelated group activities such as backpacking, bicycling, camping, canoeing, cross-country skiing, hiking and mountaineering; to assist beginners in the basic skills of outdoor sports falling within the scope of the club; to foster camaraderie among members. Major activities: Annual trek up Longs Peak; multi-day backpack trips to a desert region in spring and mountain area in autumn.

Contact for info:

Jeff Nielson, x3751 Julie Nielson, x4886 Arnie Kelson, x3318

Toastmasters Officers:

Pres.--Evelyn Dawson Treas.--Sparky Bruning

Purpose: To improve verbal communication skills among members.

Members follow a regimen to achieve an "Able Toastmaster" (ATM) designation. They develop and present speeches before other Toastmaster members for positive feedback.

Major activities: Regular speechmaking meetings every Thursday; participation in local and regional speech contests.

Contact for info:

Carol Bloomer, x3367

Ski Club Officers:

Pres.--John Pinkerton, x3474 Vice-pres.--Jim Kelly, x3408 Sec.-Darwin Fager, x3133 Treas.--Terese Sakalas, x3353

Purpose: To promote individual and family recreational skiing.

Major activities: Sponsors one or two out-of-town ski outings per year. Meetings are called to choose ski outing sites, review agenda and gear (Continued on Page 3)

A new year, a new look

Notice anything different this issue?

Aside from a change of numbers to connote the new year, this issue of the Headliner has a different look to it. It's an outgrowth of changes made in the public relations department in order to provide better services to all of our customers.

Linda Enterline ("Linda E.") and yours truly, Linda Ryan ("Linda R.") have worked together on the Headliner for the past year. Now Linda E. will no longer share publication responsibilities in order to focus her talents in other areas that are demanding more of PR's attention-particularly audiovisual production and direction. I have assumed full responsibility for the Headliner.

The change in assignments reflects an effort in public relations to make better use of staff time and talents. Besides newsletter publication and audiovisual projects, we provide many other services in PR including, for example, planning and assistance for promotional campaigns (such as safety contests, fund drives, recognition celebrations); developing

HEADLINER

The Headliner is an internal publication of the Omaha Works, produced twice monthly by the public relations department. It is printed by the Works Print Shop.

Your comments and suggestions are welcome and should be directed to Linda Ryan on Ext. 3795.

The next issue will be published on Feb. 10, 1993. All news items should be in to the public relations office by no later than 9 a.m. Monday, Feb. 1, 1993.

brochures and other print material; overseeing the video news monitors; designing print advertisements for local publication; media relations; and working on projects in tandem with corporate public relations.

Our goal is to satisfy all of our internal and external customer needs with greater efficiency and flexibility.

Streamlining in order

But getting back to the Headliner: It should continue on its twicemonthly schedule. However, cutting the publication staff in half has necessitated a more streamlined approach. In addition, I'm learning the intricacies of desktop publishing-the electronic "typesetting" and "pasteup artist" skills that Linda E. has handled throughout Headliner publication. I hope I can reach the agility and proficiency that Linda consistently showed.

With that in mind, this issue marks a metamorphosis of the Headliner. You will note that news content has been categorized. General news items fall under NEWS IN BRIEF. From time to time, feature articles (like this issue's WEOMA Club feature) will run under HEADLINE FEATURE. WIN WITH SAFETY and CLASSIFIED ADS are back. Questions and answers from Jay Carter's auditorium meetings will run as well.

With your help and input, I hope to introduce two more regular news categories in future issues: READ-ERS' FORUM and EVENTS CALENDAR.

A place for comments

READERS' FORUM, not unlike the "Letters" feature so popular in AT&T's Focus magazine, will feature your written comments on just about any Works-related topic. Your letters of thanks could go here. You could express an opinion about parking lot courtesy (or lack of it), the AUDIX system, this newsletter, ARA vending machines--whatever. You might want to comment on something a reader stated in a previous issue.

GROUND RULES FOR READ-ERS' FORUM: All submissions must be in writing and must be signed, with department number and daytime phone number given. Submissions will be printed with the sender's name. PR reserves the right to edit all submissions for space and clarity. Send comments to READ-ERS' FORUM, Public Relations, Dept. 206.

A list of events

EVENTS CALENDAR is just that: A handy listing of Works-related meetings and activities giving date, time and place. Things like Ski Club outings, Hispa or Alliance meetings, riverboat excursions discounted for Works employees, the Pioneer car rally and more are items to go in here. The groups sponsoring such activities are responsible for turning in related information to PR if they want publicity in this category.

GROUND RULES FOR
EVENTS CALENDAR: All entries
must be made in writing and must
include a contact name, department
and phone number for publication.
Only Works-related events will be
posted. PR reserves the right to edit
submissions for space and clarity. To
ensure timely coverage in the
calendar, you should submit items a
month in advance of the event to be
publicized (if possible). Send items
to EVENTS CALENDAR, Public
Relations, Dept. 206.

Keep in mind, the Headliner will be evolving into a publication that best suits all of our communication needs. If there's no interest in, say, READ-ERS' FORUM, it will be dropped-we'll try something else. Let me know if the newsletter is on target. I value your patience, cooperation and support.—LINDA RYAN

(WEOMA cont'd from Page 1)

required for outings; wrap up business and compare notes about outings.

Contact for info:

Darwin Fager, x3133

Sportsmen Club Officers:

Pres.--Bill Peters, x3806 Vice-pres.--Norm Thomas, x3671 Sec.--Bill Burk, x3129 Treas.--Bill Peters Safety dir.--Dan Kraemer, x3206 Board members--Sam Virgillito, x3778; Larry Grimit, x3077

Purpose: To promote sportsmanship, conservation, safety and education in the techniques of hunting and fishing; to improve familial and social relationships through these sports.

Major activities: Three contests held annually-fishing; longest pheasant tail contest; largest antlers (from whitetail buck); annual picnic held in June for members and families. Meetings held on first Wednesday of each month at 7 p.m., Papio Natural Resources Center, Dam Site 20, 8901 S. 154th St.

Contact for info: Bill Peters, x3806

WEOMA Wheels Club Officers:

Pres.--Jon Bullock Treas.--Larry Eads

Purpose: To promote interest in the automotive industry.

Major activities: Participate in auto shows and parades, an opportunity for members to showcase specialty vehicles they own and maintain. Members' collections represent all types of vehicles ("anything with wheels"). Meetings are held on the second Sunday of each month at Paradise Lounge, 85th and Hascall streets.

Contact for info: Jon Bullock, x3117

Sports activities

Tennis Officers:

Pres.--Tim VanRoy, x3887 Vice-pres.--Shervin Shamloo, x3110 Treas.--Bob Heaton, x3300 Sec.--Sue Straub, x3896

Major activities: Men's doubles (day-shift only); men's singles ladder; women's doubles (day shift only); women's singles ladder; mixed doubles.

Contact for info:

Tim VanRoy, x3887 or any officer

Racquetball Officers:

Pres.--Bill Fleming, x3348 Vice-pres.--Jesse Welker, x3142 Sec./treas.--Mike Curley, x3345

Major activities: End-of-season tournament at Sports Courts. Season runs from October through March; five leagues sponsored this year.

Contact for info:

Bill Fleming, x3348 Terry Kamino, x3788 Tom Wolterman, x4675

Basketball Officers:

Pres.--Terry Anderson Vice-pres.--Bill Vaughan Sec./treas.--Jay Vohort

Major activities: Season starts in November and runs 13 weeks; post season tournament. Play at North YMCA on Thursday nights.

Contact for info:

Terry Anderson, x3407

Tuesday Night Football Officers:

Pres.--Tom Furst Vice-pres.--Mike Huerta Major activities: Tournament at end of season. Season starts in the third week of April and runs through mid-August.

Contact for info:

Tom Furst, x3874 Terry Moore, x3937

Wednesday Night Volleyball Officers:

Pres.--Terry Moore, x3937 Vice-pres.--Tom Furst, x3874 Sec./treas.--Bob Belik, x3202

Major activities: Play once a week during October through March; end-of-year tournament and party.

Contact for info:

Terry Moore, x3937

Thursday Night Volleyball A League Officers:

Pres.--Tom Furst, x3874 Vice-pres.--Terry Moore, x3937 Sec./treas.--Bob Belik, x3202

Major activities: Five teams this year play from October through March, with end-of-season tournament and party.

Contact for info:

Any officer

Thursday Night Volleyball B League Officers:

Pres.--Denny Karloff, x3117 Sec./treas--Bob Belik, x3202

Major activities: 10 teams this year play from October through March, with end-of-season tournament and party.

Contact for info:

Either officer

(Continued on next page)

HEADLINE FEATURE

(Continued from previous page)

WEOMA Club Bowling Tournament Officers:

Pres.--Art Clausen, x3075 Sec./treas.--Chuck Schultz, x3075

Purpose: Organize the end-of-the year tournament for all AT&T bowlers. 1993 tourney to be held Feb. 13-14 and 20-21 at Cougar Lanes.

Contact for info:

Either officer or any bowling league officer.

Wednesday WEOMA Nite Owls Bowling Officers:

Pres.--Steve Odell, x3151 (2nd shift) Sec./treas.--Sandy Barnes, x3825 (2nd)

Major activities: Season runs September through March.

Contact for info: Either officer

Friday Afternoon Mixed Bowling Officers:

Pres.--Eugene Bowman

Vice-pres.--Earl Miles Sec.--Linda Clements Treas.--Tim O'Connor

Major activities: Season runs fall through spring; bowl at Western Bowl.

Contact for info: Tim O'Connor, x3727

Friday Morning Mixed Bowling Officers:

Pres.--Dennis Todd, x3558
3rd shift)
Vice-pres.--Gene Chleboun, x3456
(3rd)
Sec./treas.--Dee Garcia, x3589
(3rd)

Major activities: Season runs September through April; "Fun Nite" at end of season.

Contact for info: Any officer

Monday Night Mixed Golf League Officers:

Pres.--Art Clausen, x3075 Vice-pres.--Bev Clark, x3218 Sec./treas.--Rachel Hartley, x4951 Major activities: End-of-season golf outing at an out-of-town location, such as Nebraska City.

Contact for info: Art Clausen, x3075

Tara Hills AT&T Friday Morning Mixed Golf League Officers:

Pres.--Tom Luther Vice-pres.--Don Huenniger Sec./treas.--Pauline Lieth Safety dir.--Bob Slobodnik

Major activities: Season runs April through August; two "Fun Days" for establishing handicaps per couple; end-of-season tourney; special golf outing; awards dinner. League is open to employees, retirees, spouses and immediate family members.

Contact for info: Pauline Lieth, x3517

Services and entertainment

Seasonal discount tickets: The WEOMA Club makes available to employees discounted tickets including those for area amusement parks (Adventureland, Worlds of Fun, Oceans of Fun); Silver Dollar City; Omaha Home Show; Fall Arts and Crafts Show; Sesame Street Live; Omaha Boat and Travel Show.

Group rates on entertainment: Discounts available for activities including trips to Las Vegas; riverboat excursions; Kansas City tours, and more.

Annual employee picnic: WEOMA Club organizes and oversees the annual company picnic usually held at Omaha's Peony Park.

Annual Christmas party: Organizes and oversees annual Christmas party on Works premises for employees and their families.



WEOMA Club photo

REMEMBER SUMMER?...Members of the Outdoor Adventure Club take a break during a canoe trip.

Ak-Sar-Ben memberships available

If you haven't already purchased a 1993 Ak-Sar-Ben membership, you will have the opportunity to do so at a membership sales table that will be set up at different dates in the main cafeteria.

Signing up now will entitle you to tickets to see such entertainers as Kenny Rogers, George Strait and Tanya Tucker. Bonus features of a membership include discount ticket prices for the rodeo, River City Roundup and Racers basketball games. Each membership costs \$20.

Rae Cacioppo (Ext. 3652), Norma Korff (Ext. 3801) and Linda Young (Ext. 3152) will be selling memberships in the main cafeteria on Feb. 9 and 11. Selling times for both dates will be from 6:45 to 7:30 a.m., 11 a.m. to 12:15 p.m., and from 3 to 3:45 p.m.

New approach to safety awareness

Lotto Bull is being put out to

So says Rich Schmitz, safety department supervisor. "Lotto Bull has been a successful program over the last two years," he said. "It's created an air of competition while helping to get across safety messages."

In 1992, about \$8,500 in prize money was awarded to employees who correctly answered questions based on monthly fact sheets on specific safety topics.

"We think that Lotto Bull served its purpose, but now we're looking at a more pro-active employee-oriented program" Schmitz said. A quality improvement team has been formed to review all aspects of the safety department's function.

Schmitz is optimistic that the team will have a plan of action in operation by the end of the first quarter

this year.

Meanwhile, the final prize money was awarded to Lotto Bull winners just before the Christmas shutdown. Winners included Sharon Swingholm of IBU 254 who won \$150; Isice Jones of IBU 254 who won \$300; and Kenneth Hrbek of IBU 214 who won \$200.



Isice Jones



Sharon Swingholm



Kenneth Hrbek

How to ensure your employee toll discount

Since Jan. 1, 1993, only longdistance card calls made with a new AT&T Calling Card or the calling number on the AT&T Universal Card are eligible for reimbursement through AT&T's employee toll discount programs.

If you use an old AT&T Calling Card or a local telephone company card, you will not receive your employee toll discount for those calls.

How do you know if you have an "old" Calling Card or a "new" one? In most cases, the old card uses your home phone number plus a four-digit PIN (personal ID number) as its account number. The new AT&T Calling Card has a non-telephoneline based account number.

You may already have acquired a new Calling Card, since the company began issuing the new format cards in 1991 after agreements with the regional Bell operating companies to share existing card numbers expired at that year's end.

Using the new Calling Card or the calling number on your AT&T Universal Card not only will ensure your employee toll discount on longdistance card calls, but also offer you several advantages

Among the benefits: Your calls will travel exclusively over the AT&T network; you keep your card number for life even if you move; a non-telephone-line account number protects against phone fraud.

To get a new AT&T Calling Card call 1-800-528-4132. To apply for an AT&T Universal Card call 1-800-66APPLY.

Toy drive brightens up holidays

The annual Cornhusker Pioneer Toy Drive held in December to assist the Salvation Army's toy distribution to area needy youngsters raised nearly \$4,000 in monetary donations from Works employees. Of that (Continued on next page)

Words of thanks

Words cannot begin to tell everyone how much we appreciate all of the cards, calls, flowers and especially the prayers during my hospital stay and during my cancer treatment. We love you all!

Phil and Nyla Davis

A big thank you to the person who found my watch and gave it to Mary Stanosheck, my supervisor. It's good to know you can count on people here to help you out.

> Mary French IBU 214-7

(Continued from previous page) amount, \$650 was donated by the Pioneer chapter, according to drive coordinator Darwin Fager.

Individual contributions ranged all the way up to \$200, Fager said. Several employees donated hefty Omaha Teamworks Idea Process team shares to the drive, a new option for donors this year. Several more employees volunteered personal time to help distribute to needy families the toys purchased with funds.

Because of December's hectic work and events schedule (overtime hours and the ISO auditors' visit), the toy drive committee decided to forego purchasing toys on its own to give to the Salvation Army. Instead, a check for money collected was given to the Salvation Army to buy toys as needed.

Turns out that the Salvation Army was especially appreciative of that decision, Fager explained, because the Army is able to buy toys at a considerable discount compared to what is available in the retail market. "It meant that our money went a lot farther in providing toys to needy families," Fager said.

Fager reminds employees that Teamworks shares will be accepted for the 1993 toy drive, and that they may be turned in anytime throughout the year. Shares should be turned in to the Teamworks office.



Alliance supports local activities

Having completed a successful Christmas project in the Omaha community, the local chapter of the Alliance of Black Telecommunications Employees of AT&T turned its attention to supporting citywide attendance of the annual luncheon that's held at Peony Park (this year on Jan. 18) in observance of Martin Luther King Day. Chapter president Cid Stinson said members participated in ticket purchases.

The group's Christmas project benefitted 25 area families whose needs were identified by local churches. The chapter raised money from among Works employees to buy for each family a turkey and groceries, which were delivered by chapter members on Dec. 19.

"Our thanks to all employees who contributed to the effort," Stinson noted. "It was truly appreciated."

Vern Larson earns RCDD

The Registered Communications Distribution Designer (RCDD) designation has been awarded to Vern Larson of AT&T Network Systems field support.

RCDD status signifies a level of excellence has been attained in the knowledge one has of communications distribution design in commercial and multi-family buildings. It is rapidly becoming an industry-wide standard among those who seek professional solutions to their design problems.

As a member of BICSI (Building Industry Consulting Service International), Larson qualified to take a comprehensive competency examination. Larson said he took a 40-hour course to prepare for the test, which he passed on Dec. 5 last year.

He is one of just 1,034 BICSI members in the world who have attained the RCDD designation, which is valid for three years.



Card Social on Jan. 29

The Pioneers are sponsoring a Card Social on Jan. 29, 1993, at the Millard American Legion Hall. Social hour starts at 6 p.m. and a buffet supper will be served at 7 p.m.

Pioneer member tickets at \$7.50 each (\$9 for non-members) include refreshments and entertainment.

For tickets see: Bob Miller, Mike MacVittie, Tom Pluta, Gary Reese, Jim Kajdasz, Jim Kelly, Al Dusek, Harvey Palmer, Rich Schaben or Leo Thietje. Tickets also are available at the Pioneer office.

AT&T honored by AABB

The American Association of Blood Banks (AABB) has presented its 1992 Presidential Award to AT&T in recognition of the company's support for volunteer blood donations throughout the nation.

(Continued on next page)

NEWS IN BRIEF

(Continued from previous page)

AT&T was cited for its blood donor campaigns conducted at various locations nationwide, and for the support it gives in the education and recruitment of employees for special donations such as apheresis and bone marrow.

Snow removal help needed

Works employees are being asked to join a community-wide effort to provide snow removal for Omaha's elderly and disabled citizens.

Due to state budgetary restrictions, snow removal service for these individuals has been discontinued. The United Way of the Midlands. Douglas County, the Eastern Nebraska Office on Aging and the Nebraska Department of Social Services are asking us to lend a helping hand in one of two ways:

Donate snow shovels. The goal is to collect 500 shovels. To donate a shovel, call 444-6536 or bring them to the Eastern Nebraska Office on Aging, 885 S. 72nd St. in Omaha.

Volunteer to help remove snow.



WEOMA bowling

To volunteer, call the United Way

Volunteer Bureau at 342-LINK.

tourney slated

Bowlers have until Jan. 29, 1993, to sign up for the 34th annual WEOMA Club Bowling Tournament to be held at Cougar Lanes. Two weekends of play have been set: Feb. 13-14 and Feb. 20-21.

The tournament is ABC/WIBC sanctioned. For more details about fees and times contact any tournament committee member: First shift--Art Clausen (Ext. 3075), Bob George (3166), Chuck Schultz (3673); second shift--Mike Fager (3808), Sandy Barnes (3825); third shift--Dan Moran (3302).

CLASSIFIED ADS

The next deadline for classified ads is at 7 a.m. Tuesday, Feb. 2, 1993. Submit Headliner ads in the Employee Activities Mall.

FOR RENT

Furnished one-bedroom apartment, 1113 So. 30th Ave., off-street parking, carpet, air conditioning, all utilities paid except heat, \$275/mo. 333-1293 days or 1-234-7865 evenings, please leave message, available now.

FOR SALE

RECREATIONAL

SKIS: 2 sets, \$10. 896-1188.

APPLIANCES

DORM REFRIGERATOR: 3.6 cu. ft. brown, \$75. 593-6616 after 4 p.m.

FRIGIDAIRE DROP-IN STOVE: older, looks good, cooks good, almond colored, \$50. 333-0170.

HOME FURNISHINGS

WATER BED: queen size, excellent condition, \$75. 712-328-3955.

LIVING ROOM SET: 6 piece, couch, chair, rocker, coffee table (2) end tables, \$900 new asking \$400. 727-6062.

MISCELLANEOUS

TABLES: several commercial size. with large drawers, \$25; misc. 896-1188.

LARGE CHRISTMAS LIGHTS, STRINGS, LARGE SANTA, LARGE CANDY CANES: cheap. 331-5691.

FOOT SCOOTER, BOY'S RACING BIKE (pedal), like new. 331-5691.

AMPS, SPEAKERS, STAGE LITES: misc. good shape, and cheap. 331-5691.

JOGGING TRAMPOLINE: like new, \$1500. 712-328-3955.

PHONOGRAPH & RECORDS & ELECTRIC TRAINS: complete or for parts. 896-1188.

PING PONG TABLE: 328-1853 after 4 p.m. weekdays.

PARTS AND ACCESSORIES

DRIVER-SIDE MIRROR (flat black) for Chev. S-10 P.U. 345-5635 after 4 p.m.

COBRA TRAPSHOOTER RADAR DETECTOR: excellent condition, \$40. Call Mike after 5 p.m. 572-1845.

VEHICLES

1985 FORD CROWN VIC: 4 door, PS/PB, air, tilt, cruise, runs real good, nice car for student or to go back & forth to work in, asking \$2,350 or best offer. 443-4350.

1981 OLDS OMEGA: new transmission, new battery & cables, needs fuel line & power steering line, runs good. \$600, 733-6933.

1972 PLYMOUTH FURY III: rebuilt engine, little rust, runs good, \$600 or best offer 895-6462.

1976 PLYMOUTH ROAD RUNNER: engine good, use for parts, best offer, 895-6462.

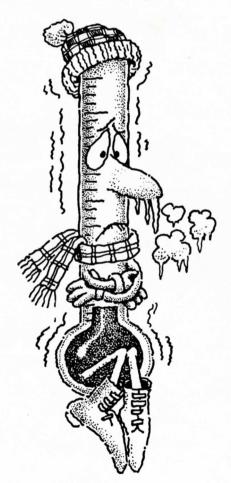
The chilling truth about frostbite

(If your name appears somewhere in this article, call Ext. 3583 or Ext. 3415 to claim a prize.)

Prolonged exposure to subfreezing temperatures without adequate protection is likely to result in a painful case of frostbite (or if less severe, frostnip).

The affected area becomes cold, hard, white and numb. Severity depends on the degree of cold that penetrates body tissue and the duration of exposure. Areas most often affected are the face, ears, hands and feet.

Who is most likely to get frostbite?





People who have dark skin, vascular disease, those who smoke and those who have suffered frostbite previously should be particularly cautious.

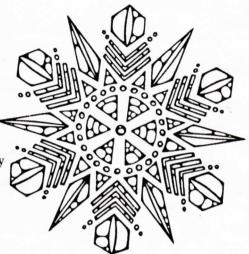
How is frostbite treated? The best treatment is prevention. Wear clothing that will keep you dry and protect skin and body tissue. Remember, wind greatly increases your chances of being frostbitten. (Skin exposed to 0 degrees Fahrenheit has been shown to freeze in one hour in a 10 miles-per-hour wind, versus 10 minutes in a 40 mph wind.)

Mild frostbite is treated by warming the affected area as quickly as possible after exposure, either by contact with a warm hand or object or by immersion in warm water. The objective is to avoid damage to tissue.

The longer the area stays frozen, the greater the extent of injury. When rewarmed, the affected area may become red, swollen and may throb and be painful.

Frostbite should be treated promptly by a physician who may prescribe the topical application of Aloe vera cream; an antibiotic to prevent infection; an analgesic for pain; and a nonsteroidal anti-inflammatory drug to minimize the effects of Marvin McManis tissue injury.

What are the long-term effects of frostbite? Long-term effects may range from mild sensitivity to cold to something as serious as the need for amputation. Possible consequences



between these extremes include persistent pain, numbness or tingling,; cracked, dry, discolored skin; increased susceptibility to future frostbite; excessive swelling; and frostbite.

(This information was taken from Postgraduate Medicine magazine, December 1990.)