

The **HEADLINER**



A newsletter of the Omaha Works of Network Cable Systems published twice monthly

July 29, 1992



NCS President ***Jack Bueter***

shares his views on the effects of the global economic slowdown, NCS June financials and our role in today's international arena. Page 3.

Also in this issue...

- Stanek Survey results
- ETOP computer class registration information
- An employee goof wins local radio contest
- Lotto Bull cash winners
- The August Lotto Bull Safety fact sheet

Omaha Works IBUs earn outstanding customer ratings

Congratulations to the fine people in these IBUs who earned grade A ratings from their customers for product quality during the latest rating period:

Merle Dinslage, IBU 214
105 cable terminals
3A terminal blocks
N-type cable terminals
Miscellaneous protectors,
terminals and cable blocks

Bob Wustrack, IBU 226
DSX
78, 89 and 112 connector
blocks

Fred Tirschmann, IBU 223
110 patch panel assembly
110 wiring blocks
110 patch cords
66 connector blocks

George Parkerson, IBU 222
Plug-in protector units
Screw-in protector units
(two types)

**Mack Curbeam and Wayne
Anderson, IBU 254/256**
Ground wire
Switchboard/Spec. cable

Quality

means exceeding the
needs of our customers
the first time around

A message from Jay Carter, Omaha's manufacturing vice pres.

I've decided not to hold my monthly all-employee meetings in July and August. I'd like to tell you why we decided this.

The decision not to hold the meetings was based on the high amount of vacation time taken during July and August and the correspondingly low amount of production hours available during those months.

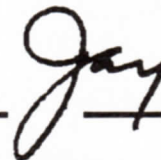
Thankfully, orders from our customers continue to be strong. I didn't want to do anything that would further take away from our production time. We need to do everything we can during July and August to keep satisfying our customers' demand for our product.

You may find it interesting to know that, in total, the employees of the Omaha Works have earned over 57,800 vacation days in 1992 or an average of 20 days per person. Vacation is an opportunity to recharge our batteries and is part of the AT&T total commitment to all of us as employees.

It's also part of the cost of our products that we must recover in the price we charge for our products.

We'll be taking a closeup look at our latest financials in the August 12 issue of *The Headliner*. We're making steady progress toward meeting our MOI commitment to the corporation in 1992. We'll also be discussing the status of MFJ legislation, quality issues and an update on the QI story.

I hope you understand why we've made this decision. We'll see you at the meetings again beginning in September.



NCS President Jack Bucster

AT&T's Network Cable Systems President Jack Bucster visited the Omaha Works recently. Jack talked with Linda Enterline of Omaha's public relations organization about the state of the business, international competition and what the future holds for NCS.



***"We tend to
be realists."***

Q. What sets the Omaha Works apart from the plants in Phoenix and Atlanta? What are Omaha's strong points?

A. Jay Carter and I have talked a lot about comparisons between Omaha and Phoenix and Atlanta. We're both very much in agreement that looking at our business as three separate plants represents the way we used to look at things. We clearly need to be looking at our competitors with this in mind:

who are our competitors both here in the U.S. as well as abroad? We export a lot of our product so we really need to be looking at our competition.

I will make an observation, though, about Network Cable Systems in general. We tend to be realists. Other divisions in AT&T who faced the same financial problems we did in 1991 went through a denial of the facts. Because of that they hesitated and didn't move as rapidly as they needed to.

All of the people of NCS did an excellent job last year of realizing the facts. We went ahead and took hard actions we had to take to get us to the point where we are today.

Q. How does that attitude prepare us to compete in the international arena?

A. That's a good question. Realism is always a healthy approach to life because we've seen disappointments in the international market. We haven't penetrated some markets as rapidly as we think or can or as rapidly as we thought we could. In other areas on the international front, we've done extremely well.

We have to see the world as it is, not as we'd like it to be. We need to then move forward with whatever action is required by the facts.

***"We have to see
the world as it is,
not as we'd like it to be."***

Q. How is NCS going to deal with the global economic slowdown?

A. I'm convinced we're already dealing with it. I think a slowdown in the U.S. economy and a slowdown in certain parts of the world hurt us very much in 1991. The actions we took to get our cost structure in place for a lower level of business in 1992 have given us some good financial results to this point. We've already seen the impact this year of the economic slowdown, particularly in western Europe.

It's a real good news/bad news story. The bad news is we've had to take some actions to cope with lower revenues than would have been possible with better economic conditions. The good news is that we are starting to do well now, even with lower revenues. I believe we're getting our cost structures in place to be more competitive when the economies of the U.S. and other parts of the world start to take off.

Q. How do we become smart enough quickly enough to get our foot in the door in international markets?

A. We have a lot to learn in terms of doing business in some areas of the world. I came from an AT&T business unit that wasn't as far along as Network Cable Systems in terms of globalizing the business. Our

fight for survival in that business unit was much more intense and we had to come up from a much lower depth than NCS. Quite frankly, as difficult as it was for us not to go after global business, we just couldn't afford to. So when I came over to NCS, I was really pleased to see the progress that had been made in learning how to do business.

Q. How sophisticated are we when it comes to international business?

A. On a scale from one to 10, I'd say we're about a five and I think next year we'll be about a seven. Network Systems in its entirety is learning how to compete on a global basis. NCS is both learning from that and

contributing to that learning process.

We're doing everything we can to learn faster. Focus has been a key for us and will continue to be as we work out our profitability and continue to concentrate on customer satisfaction and all of our other objectives.

We're looking at things that have to be improved in the factories. We're looking at how our sales force can improve their knowledge of our products. Some of these things the whole business has to learn...things like spending time talking to someone who's out in a foreign country, living there 24 hours a day, and helping us to understand what it's going to take for us to be successful. That's a critical part of learning to do business overseas.

Here's the flip side to that: We're also increasing our focus on the domestic market because we just can't give up there and say our U.S. business is going to melt away over the years. I believe there's still good business for us with the RBOCs. I believe we've only scratched the surface of non-traditional markets in terms of what we can do. I think to focus on those things is very important to us.

Q. How long will it be before we can say the months of low orders will average out with the months of the good order levels?

A. I have to be very careful in answering that. This goes back to the realism again. We can never take for granted that it's all behind us. It's never all behind us. We're going to have to be certain that we watch our order rates very carefully. We need to do a better job of working with our sales people at looking at the sales funnels. By sales funnels, I'm referring to

"We can never take for granted that it's all behind us."

what orders we think we have—what do we think we might have in three months—and realistically assessing the probability of getting those orders.

Here's a point we need to stress. While we're doing better from a financial point of view, we continue to hear from our sales people in the field that our prices are too high. That's our number one problem. We must realize that we need to continue to improve our financials as well as become more price competitive.

This puts more pressure on us to continue to find ways to re-engineer our processes through cost reduction and finding ways to work with lower overhead. We need to be more price-competitive so we can get more business. We also want to continue to improve our return to the shareholder.

Q. You told us in late 1991 that NCS didn't make enough money to meet its payroll and the corporation had to help out in that area. Did we pull our weight in the first half of 1992? What's the outlook for the second half of this year?

A. That's a complex question. First, let me say a number of people have asked questions and shared their observations about that comment. A lot of people

didn't realize we couldn't make our payroll and it came as quite a shock.

It was a true statement at the time. Given our results in the second half of last year, we were not only losing money but our cash flow was so bad that we would have had to go to the banks to make our payroll.

Our June financials are just in and thanks to everyone's hard efforts in NCS, we are now close to making this year's profitability commitment to the corporation. Our 1992 commitment target is about the same level as it was in 1991.

"It's important to think in terms of MOI."

We obviously didn't make our 1991 commitment. We've shown significant progress not only from that terrible second half of last year. Also, the second quarter of 1992 was better than the first quarter. We're on a trajectory now to be able to deliver our profitability commitment to the corporation.

I must hasten to add that more work continues to be done. We've put operational plans in place which we're continuing to monitor. We're making adjustments in a realistic way to things that didn't come out exactly as we had planned them. It's necessary not only to deliver our 1992 financial commitment but also to get on with being more competitive with our cost structure and therefore our prices.

Q. Are we again thinking in terms of MOI or are we still in a recovery mode?

A. Let me answer that in a couple of ways. Number one, it's mandatory that we continue to think in terms of MOI. That's the ticket for admission in this business. Our shareowners have invested in us and we want them to continue to invest in us so we can grow our business and become more competitive. The only way we can do that is to give them a reasonable return on that investment.

The second way I'd like to address that question is to say it's important to continue to think in terms of MOI. Some very good work has been done but we're not quite at the point where we can declare victory in terms

of making our 1992 objectives. We know that even if we do that, we still have more work to do.

We've gone through some very difficult times that have been painful for all of us, especially for those people who've left the payroll as a consequence of NCS being forced to get its cost structure down. People should feel very good about the willingness to make those tough decisions—the toughness of managing through these difficult decisions and the toughness of living through all that fear and uncertainty. While there's a dark lining to this particular silver cloud, I think we should feel good

about our ability to be realistic and take those steps required to keep us viable in the long run.

The third way in which I'd like to answer that question is to say that because we were in a survival mode, it was necessary for us to put more emphasis on MOI than on other objectives we have in our business. We can't declare victory but we have to be very certain that while we hold the gains in profitability we now start to go out in the other areas that are important to us—investing in and engaging our people, working on our customer satisfaction and continuing to improve our quality.

You'll never see a defocusing from profitability but a real admission that these other objectives are extremely important. Unless we're profitable in the long term, we won't be successful in the long term.

Q. Some people are feeling overwhelmed by their job responsibilities because of the loss of people in the latter part of 1991. What words of encouragement do you have for the people feeling a bit stressed out as a result of the changes in our business?

A. The first thing I'd do is remind everyone that we were in a survival mode. To some extent, we remain in a survival mode because we have to continue the progress we've already begun. Survival requires that we make sacrifices—all of us.

We all feel overwhelmed by the number of things we're having to do and how many priorities we have. We can get our blood pressure pumped up a little bit about everything that is ahead of us.

Secondly, the problems NCS has been facing aren't simply the result of a slowdown in the global economy. We're facing increased competition everywhere we go. In many places, we're the big guy on the block and the competition is looking to knock us off. In other places, we're sort of pip squeaks who have to earn our way in.

"We remain in a survival mode."

The kind of pressures put on our time, the number of hours we have to put in, the number of things we have to do...these are the realities of being in a competitive, cold world.

Having said all that, I'd like to say that I really appreciate all of the hard work and the hours everyone is putting in. I understand the pressure people are under.

We also need to take stock of our position in certain areas. Clearly in the area of overtime, we have to continue to meet the demand and improve on our on-time deliveries and do it with less overtime. We need to re-engineer some of our processes if we're going to be price competitive. ■

New Session!!!
ETOP Computer Classroom

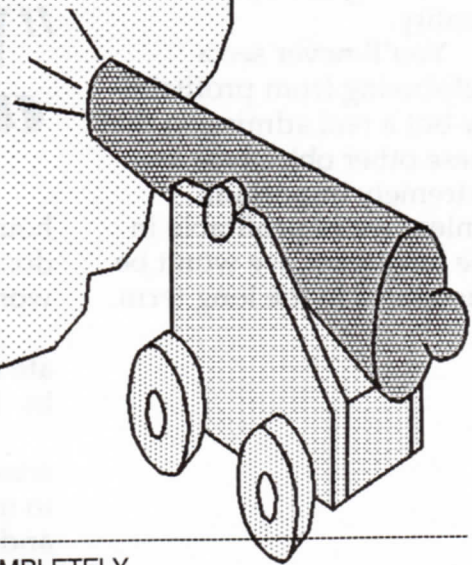
8/24/92 - 10/30/92
(NEW! 10 weeks instead of 12)

Monday: Beginners
Tuesday: Windows 3.1
Wednesday: Norton Utilities 6.01
Thursday: Quicken 5.0

**STUDENTS ARE SELECTED
 BY SENIORITY**

You must have completed ETOP's
 Beginners or Keyboarding course
 or an equivalent
 to qualify for the courses
 offered on Tuesday, Wednesday
 or Thursday.

*For more information, contact the
 classroom at ext. 3584.*



Please cut on line below

FORM MUST BE FILLED OUT COMPLETELY

Circle the day & time: Monday Tuesday Wednesday Thursday
 8:45-11:15 AM 12:45-3:15 PM 4:15-6:45 PM

Name _____ SS# _____

Address _____ City _____ St _____ Zip _____

Home Phone () _____ Work Ext. _____ Dept. # _____

1st 2nd 3rd
 (circle shift)

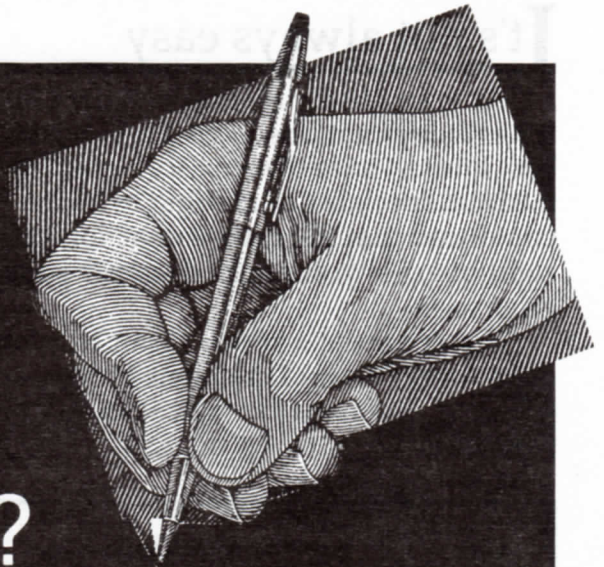
Eff. Service Date _____

Salary/Hourly
 (circle)

NOTICE: Persons who are accepted and do not attend class will be penalized. You must notify the ETOP Computer Classroom @3584 or the ERC @3523 before the first class or you will be ineligible for ETOP participation for 6 months to 1 year.

RETURN FORM TO DROP BOX IN MAIN CAFETERIA
 Registration Deadline August 7, 1992 @ 5 PM

How are we doing?



1991 Stanek Survey results

Information for the following two-part article on the 1991 Stanek Opinion Survey was compiled with the assistance of Shelley Anderson. This issue looks at how Omaha Works employees responded to survey questions. Next issue: Changes/improvements at the Works in response to survey results.

* * *

Better than half (56 percent) of the 107,000 AT&T employees asked to participate last September in the 1991 Stanek Opinion Survey responded. The survey polled a cross-section of AT&T employees from all business units and divisions.

Editor's note: A complete report of the 1991 Stanek Opinion Survey was not available for review until late in December of last year. A combination of merging three Works publications into one and workforce adjustments contributed to a delay in publishing a more timely article on survey results. Our apologies and a promise to do better in the future.

The survey, which is conducted and analyzed by an independent firm contracted by AT&T, asked employees questions in 17 major categories. Listed here are the results of responses from Omaha Works employees who participated in the survey. Percentages given are for favorable responses.

Generally, scores of 60 percent and higher are considered to be "positive" responses. Scores from 50 to 59 percent are considered to be "neutral." Scores 49 percent or less are "negative" responses.

Responses for 1991 were similar to those given in a survey done in 1989, with the exception of two categories in which favorable responses showed a significant drop in 1991: performance appraisal and job security.

The percentages of favorable responses in 17 categories, grouped according to positive, neutral or negative feedback:

Positive responses (At least 60% favorable)

Company image (72% favorable)
Job satisfaction (67%)
Company change (63%)
Benefits (60%)

Neutral responses (50-59% favorable)

Working conditions (59% favorable)
Supervision (59%)
Work organization (57%)
Quality process (55%)
Working relationships/participation (55%)
Communication (53%)
Competitive position/customer focus (52%)
Pay (51%)
Job training and information (51%)

Negative responses (49% or less favorable)

Management leadership (38% favorable)
Growth and development (35%)
Job security/force management (33%)
Performance appraisal (31%)

It's not always easy


As your family members grow older, you may sometimes face situations in which you feel it's in a relative's best interest to take some sort of action—from seeing a medical specialist to moving to a new home. You might be convinced that the course of action you have in mind is the right one, yet you might discover your relative feels otherwise.

If you have questions about helping an older relative, call Work/Family Directions Elder Care Program at 1-800-426-3141, Monday through Friday, 7 a.m. to 9 p.m. and Saturday, 9 a.m. to 3 p.m., EST.

Did you know that

August

is a good time to call the Child Care Resource and Referral Program if your ten year old tells you that he or she is "too old" for day care? For information about other options, including supervised after-school activities or part-week programs, just call 1-800-635-0606.



Leola Jones
27 years

Not pictured:
Joseph
Murphy
25 years

Retirements

The HEADLINER

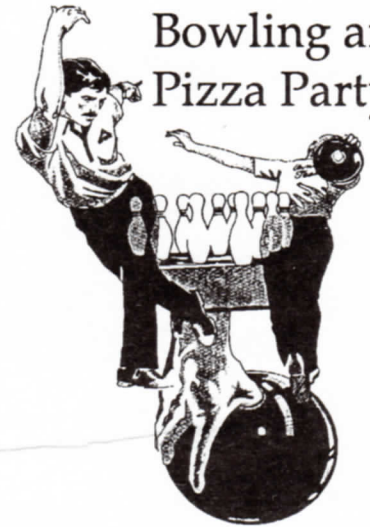
The HEADLINER is published twice monthly on alternate Wednesdays by the Omaha Works public relations department, and is printed by the Works print shop.

Your comments and story ideas are welcome. Please submit either to these members of the PR staff:

Linda Enterline, ext. 3714
Linda Ryan, ext. 3795

The next issue of *The Headliner* will be published **Wednesday, August 12, 1992.** All news items for that issue must be turned into the public relations office **NO LATER THAN 9 A.M. TUESDAY, AUGUST 4, 1992**

7th Annual Pioneer Scotch Doubles Bowling and Pizza Party



Saturday, Aug. 15, 1992
6 p.m., Western Bowl

\$13.50

per couple*

Pioneers, partners, Life members

\$17.00

per couple*

Future Pioneers & guests

*If you're single and would like to bowl, call the Pioneer office. You'll be paired with another single person.

Includes bowling

pizza at *Godfather's*,

refreshments

lots of prizes

Purchase your tickets beginning Monday, Aug. 3 by contacting:

Jim Kajdasz, x3649

Tom Pluta, x3702

Gary Reese, x4838

Joan Siwa, x3403

Bob Bloodsworth, x3453

Clara Hendricks, x3617

Sue goofed, wins a limo ride

By Linda Ryan

We broke the story first in the *Westerner* back in 1988. That's when Sue McClellan confessed to the Works her most embarrassing moment:

Late for her carpool rendezvous one morning at Hanscom Park, she hurriedly grabbed her parcels, slammed her car door and left her keys in the car—with the car still running—all day long! She didn't realize it until her carpool dropped her off at the park on the trip home.

We all thought that was pretty funny then, but it looks as if Sue is having the last laugh now. She confessed her embarrassing moment one more time in a contest, this time to the listening public of radio station CD105.9.

Her candor earned her a limousine-driven trip to lunch at a local pizza eatery, where she and her guest (husband Ron) dined with station disc jockey "Smiling Jay."

"That was really fun," she said of the trip, describing the plush interior of the white limousine, complete with television, car phone (that she didn't even use) and champagne glasses that can be used these days only for non-alcoholic beverages. While Sue enjoyed the ride, Ron and Jay traded golfing tips "the whole time," she said.

As part of the contest, Sue also received two commemorative coffee mugs and she and her husband were taken on a tour of the radio station.

She's not alone

"That's not bad for doing a pretty silly thing," she commented. But what really amazes Sue is reaction her so-called fame has drawn from others at the Works.

"I was so excited, I told everybody at work that I'd won the contest," she said. When she explained how she'd left her car running with the keys locked inside, "to my surprise, a couple of people told me that they had

done the exact same thing!"

One, a Works manager, is not quite ready to go public about the embarrassing incident. The other is field sales rep Vern Larson who has locked his keys in a running car not once, but twice.

Vern, whose office coincidentally is in the Product Display Center where Sue is a secretary, told us about one of the incidents:

"I was in Dallas for a sales presentation to Southwestern Bell," he recalled. He and several AT&T sales managers drove in Vern's rental car to a restaurant for lunch before they were to meet with the customer. It was a hot and muggy July day.

The boiling point

After lunch the group returned to Vern's car that appeared to have steam coming out from under the hood. They discovered that Vern had locked his keys in the car with both the motor and air conditioning still running.

A passerby helped him to eventually get the car trunk open.

Abandoning the overheated car, he grabbed two big suitcases of equipment that was part of his sales demonstration and hurriedly carried them several blocks back to the presentation site. (The sales managers left on foot earlier to greet the customers at their meeting.)

"Naturally, the elevator at the building was out of service," Vern said. He managed to make the customer's meeting on time—albeit more than a little red in the face—and, he added, "we made the sale."

Sue said she hasn't locked her keys in the car or left it running since her incident. Husband Ron bought Sue a car with one of those computer voices that tells you what you did or didn't do.

So far Vern hasn't locked his keys in a running car again, either. He has, however, swiped Mrs. Fields's chocolate chip cookies from the parcel of a fellow air traveler at O'Hare International Airport.

But then, that's another story.

NO MORE LOCK-OUTS...Sue McClellan's "talking" car saves her from any future embarrassment of locking her keys in the car with the engine still running. Maybe Vern Larson should take note?



Photo by Linda Ryan

Clip and save



Have an accident? Here's what to do

Summer travel plans are in full force and you know what that means: Increased traffic and an increased risk of motor vehicle accidents.

According to the National Safety Council, one in every eight drivers will be involved in a motor vehicle accident this year. Let's hope you're not among them, but are you prepared in the event an accident occurs? Would you know what to do and what questions to ask?

Most people are reasonably shaken after an accident, so the National Safety Council offers this list of 11 easy steps to follow. Cut this out and keep it in your car's glove compartment—you may be glad that you did.

- Stop your vehicle if it is clear, safe and legal.
- Move the vehicle out of the traveled roadway if it is clear, safe and legal. (In Nebraska drivers may move their vehicle away from the place of the accident, but in some states it is illegal to do so.)
- Turn off the ignitions of the cars involved.
- Make a first-aid check of all persons involved in the accident.
- Call the police and, if necessary, emergency medical services.
- Mark the scene of the accident with flares or retroreflective triangles.
- Gather the names of all persons in the motor vehicles and people who witnessed the accident.
- Make a quick diagram of where the vehicle occupants were seated and indicate the vehicles' direction of travel and lane. Also note the date, time and weather conditions.
- Ask to see the other driver's license and write down the number.
- Exchange insurance company information. Do not discuss "fault" or make statements about the accident to anyone but the police.
- Get a copy of the police report of the accident from the local precinct.

AMERICAN
LUNG
ASSOCIATION
of Nebraska



12th Annual
Omaha
Corporate
Cup Run

Sunday, Sept. 20

8:15 a.m.

10K (6.2 miles)

Omaha Civic Auditorium

Join the AT&T team today!

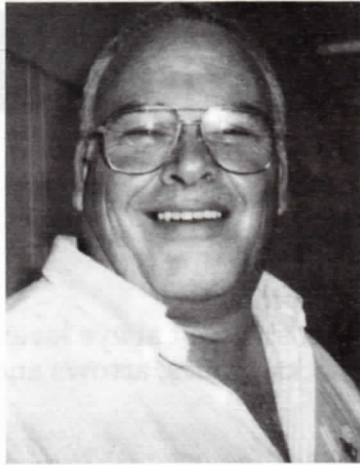
Pick up your registration form in the Employee Activities Mall or the public relations office or call Judy Stroy, Dept. 242, ext. 3602.

Judy also is recruiting volunteers to work the day of the Corporate Cup Run. Volunteers are needed to pass out packets, register runners, serve refreshments and work at the finish line.

Works trio cashes in on Lotto Bull \$\$\$



Henry Hill, Dept. 254
\$300 winner
Third week in June



Michael Lewis, IBU 254
\$450 winner
Second week in July



Pauline Lieth, IBU 223
\$150 winner
Third week in July

Look for August's Lotto Bull fact sheet in this edition of *The Headliner*. Post the fact sheet in your work area, become familiar with the information, attend your departmental safety meeting and correctly answer the Lotto Bull question when asked the questions by the safety department.

1992 Dress-a-doll campaign gets an early start

The dolls and bears for the 1992 Salvation Army Christmas Dress-a-doll campaign to be dressed by Omaha Works employees are now available, according to Bonnie Anderson, project chairwoman.

Contact these people if you're interested in picking up dolls and bears and/or you'd like your name placed on a master list of people who make and sell the outfit to other employees.

Those wishing to get an early start on your Dress-a-doll campaign may contact:

Bonnie Anderson, Col. 11D, 30 bldg., ext. 3407 or 3408, First shift
Kathy Schutte and Thelma McKiddy, Col. 13F, 30 bldg., ext. 3086, second shift

Pat Patterson, Col. 4K, 30 bldg., ext. 3504, third shift

Judy Mueller, Col. 4G, 30 bldg., ext. 3362, third shift

General distribution is scheduled for Tues., Aug. 18 for second shift and Wed., Aug. 19 for first and third shifts.



Photo by Steve Miller

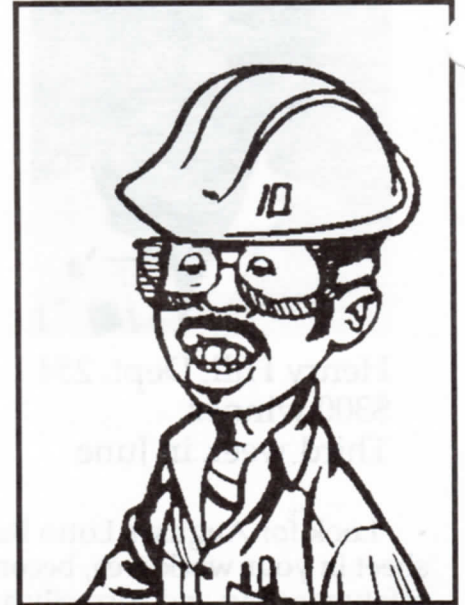
Won't you give a bear or doll a suit of clothes? Pick up yours from Thelma McKiddy, 212 (right) or Judy Mueller, 222. The Salvation Army sponsors the annual Dress-a-Doll campaign as a benefit for area children.

Win with Safety

Does your name appear somewhere in the "Win With Safety" article? If so, call x3583 or x3415 to claim your prize.

Some Dos and Don'ts to protect your eyes

- Wear safety lenses (with correction, if needed)
- Work in enough light for best comfort and vision when you're reading Stanley Petrulis, Jr. or working
- Use extra caution when working with tools
- In your home, remove all objects that stick out at eye level
- Teach children to be careful with sticks, stones, arrows and air and water guns
- Choose safe toys for children
- Keep scissors, picks and other sharp instruments out of the reach of children
- Have your eyes checked every two years
- Don't use non-prescription eye remedies unless advised to do so by your physician
- Don't wear sunglasses for night driving or in fog
- Don't look directly into the sun, even while wearing sun glasses



Funds established for injured swimmers

Funds have been established to help defray medical expenses for two young men who were paralyzed in separate swimming accidents on July 4.

Donations for Steven Scott are being accepted at the Bell Federal Credit Union. Scott is the son of Pat (Dept. 1330, purchasing and transportation) and Dick Scott (Dept. 003, quality assurance).

Steven has been moved to a facility in suburban Denver for treatment and therapy. He's expected to stay several months. If you'd like to send him a card or letter, his address is:

Craig Hospital
3425 So. Clarkson
Englewood, CO 80110

A fund for Eric Olson has been set up at Norwest Bank. Olson's cousin, Rich Shropshire, also works in the purchasing and transportation department.

LIFTING BASICS

Techniques For Safe Lifting

Safe lifting is always important—but it's *critical* when lifting is a part of your job or everyday activities. If you've ever "thrown out" your back while doing a seemingly simple lift—moving a crate, lifting a piece of furniture, carrying a file box to the office—you know firsthand the importance of safe lifting. Safe lifting means keeping your back aligned while you lift, maintaining your center of balance, and letting the strong muscles in your legs do the actual lifting. By using the following techniques, you can learn how to lift safely and save your back from accidental strain and injury.

The Safe Way To Lift

Before you lift anything, think about the load you'll be lifting. Ask yourself: "Can I lift it alone?" "Do I need mechanical help?" "Is it too awkward for one person to handle, or should I ask a coworker for help?" If the load is manageable, follow these tips for safe lifting:



1. Tuck Your Pelvis

By tightening your stomach muscles you can tuck your pelvis which will help your back stay in balance while you lift.



2. Bend Your Knees

Bend at your knees instead of at your waist. This helps you keep your center of balance and lets the strong muscles in your legs do the lifting.



3. "Hug" The Load

Try to hold the object you're lifting as close to your body as possible, as you gradually straighten your legs to a standing position.



4. Avoid Twisting

Twisting can overload your spine and lead to serious injury. Make sure your feet, knees, and torso are pointed in the same direction when lifting.

Tips To Remember

In addition to these techniques, remember to make sure that your footing is firm when lifting and that your path is clear. And be sure to use the same safe techniques when you set your load down. It takes no more time to do a safe lift than it does to do an unsafe lift, so why not play it safe and lift it right?

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BE BULLISH ON SAFETY...PLAY LOTTO BULL!

Classified Ads

The next deadline for classified ads is 7 a.m., Tuesday, Aug. 4, 1992. Submit your *The Headliner* ads in the Employee Activities Mall.

Wanted

Used motorcycle helmet with sound equipment in side. 331-5691 before 2 p.m. ask for George.

For Sale

Real Estate

LOT 975-6 at BEAVER LAKE: mid-summer bargain, \$3,000. 391-4249.

Recreational

1971 COLEMAN CAMPER: sleeps 6 or 8, has stove, table no broken zipper, clean. 734-4812 or 339-8114.

15' LUND FISHING BOAT: Everude motor with electric start, new seats and cover plus 2 new batteries, trailer with 2 new tires, trolling motor, fish finder, asking \$3200. 496-5364 leave message if no answer.

Appliances

UPRIGHT FREEZER: white, Kenmore, asking \$125, if interested call 733-1255.

Musical Instruments

SAXOPHONE (1) \$425, TRUMPET: (1) \$250. 571-6736.

Lawn & Garden

PICNIC TABLE: wrought iron frame, REDWOOD SETTEE & PATIO STORM DOOR. 733-7489.

GAS GRASS TRIMMER: Ryan. 339-4740.

Home Furnishings

COUCH: Early American, \$195, HASSOCK FAN: Sears 4-speed, new still in box, HANGING STAINED GLASS LIGHT. 323-2455 in Council Bluffs, IA.

DINETTE TABLE & 6 CHAIRS: \$25. 731-5976.

DINING ROOM TABLE & (4) CHAIRS & HUTCH: 493-8046 call after 5 p.m.

Miscellaneous

WOODSLANDING MEMBERSHIP: 323-2455 in Council Bluffs, IA.

PRECORE DIGITAL ROWING MACHINE: DESK: solid wood, large deep drawers. 339-4740.

12 TICKETS: to the Buffalo Bills vs Kansas City Chiefs football game August 24. 341-3591.

2 TICKETS: to the Knoxville Nationals, Wednesday and Thursday nights only, great seats, face value price. 733-4119.

ROUEN DUCKLING: looks like mallard when full grown, \$1.00 each. 331-4295 after 4 p.m.

BICYCLE: Huffy Charger, 10-speed, as new, \$40. 895-5222.

BABY CRIB: \$15, HIGH CHAIR: \$5, BAR: with (2) stools, \$65, UPRIGHT EUREKA VACUUM: \$10, EXERCISE BIKE: \$25. Call between 9 a.m. & 3 p.m. leave message 731-5976.

TYPEWRITER: Sears electric with case, like new, used very little, with correction, \$55. 896-2488.

GOLF LESSONS: beginning, \$10 for 1/2 hour. 571-6736.

DICKENS VILLAGE PIECES: for sale or trade. 333-8447 after 5 p.m.

HALLWAY CEILING LIGHT GLOBES: (2) with fixtures, \$10. 334-8447 after 5 p.m.

CHILDS MONGOOSE PUSH SCOOTER: pneumatic tires, hand operated brakes, quality at a great price, \$50. 333-4306

WOODEN RABBIT CAGE: 36" x 20" x 21", sells for \$65 at the Pet Lodge, \$40. 333-4306.

THERMOPANE WINDOWS: 4' x 8' steel frame, 3 sliding panels each set. 697-0030.

OIL PAINTING: original of Bavarian King Ludwig's Neuschwanstein Castle, 24" x 30", make offer. 333-8447 after 5 p.m.

COLLECTIBLE: 1960 voice of music tape recorder, mikes & speaker, make offer. 333-8447 after 5 p.m.

Vehicles

AUTO PARTS: pair Kraco van speakers, \$12, graphic equalizer, \$8, fuzz buster (short?), mini-van, small truck bug reflector, blue, \$20, car ramps, \$10 all or best offer. 895-5222.

78 CHEVY PICKUP PARTS: 2 doors, \$5 each, 1 box \$25, rear step bumper, \$10. 733-6534.

VW 86 SCIROCCO: 96K, 2 owner, excellent condition, all the extras, must see \$3,999 or best offer. 392-0611.

1989 MAZDA: 323/SE hatch, 5-speed, AM/FM stereo w/cassette, air, clean, excellent condition. 595-3990 days or 333-6779 after 5 p.m.

1984 HONDA SCOOTER 125cc: 200 miles, real good shape. 331-5691.

1979 HONDA GOLD WING: 10,000 miles, real nice bike. 331-5691.

1978 BUICK OPEL (Isuzu): 36,600 original miles, original owner, automatic, getting pretty rusty, \$800. 333-5199 before 3 a.m.

1970 MONTE CARLO: partially restored, needs finishing, have many, many new parts, no motor or tranny, \$2,000 or best offer. 551-7492 anytime.

1980 DODGE OMNI: good shape. 571-6736.

1984 CADILLAC SEDAN-DE-VILLE: loaded, very clean, power everything, and only 65K miles, must sell. 896-2488.

1980 CADILLAC SEDAN-DE-VILLE: \$1,700. 457-4654.

1990 KAWA NINJA 600: 4,900 miles. 493-8046 after 5 p.m.

Form your Works picnic volleyball team now

An inter-IBU volleyball competition is being planned for the Sept. 13 Omaha Works picnic at Peony Park.

Event coordinator Bob Wustrack is taking registrations for six-member teams. Each team competing in the mixed competition should include three women and three men.

Get organized now and register with Bob, ext. 3442.



Pioneer Men's Golf Outing

Monday, Aug. 31, 1992
The Pines Country Club
Valley, NE
Shotgun start 12:30 P.M.

\$34.99

Pioneers & Life Members

\$40.99

Future Pioneers and Guests

Includes 18 holes, cart,
buffet and lots of prizes!

Optional skin game with
handicap. \$2 entry fee with
signup. Must have
established handicap.

For reservations, contact:
Gene Bastian, x3867 (2nd)
Art Clausen, x3075 (1st)
Dan Moran, x3142 (3rd)
Chuck Schultz, x3673 (1st)



1992 Tech-Pro Golf Outing Friday, Sept. 11

Scottish Links
Council Bluffs, IA
Shotgun start at 12:30 p.m.

(Vacation time required)

\$28

includes

- green fees on 18 holes
- cart
- buffet dinner
- flight prizes
- flag prizes
- door prizes

Handicap used
from 9/3/92

Make your reservation
by Friday, Sept. 4
by calling:
David Tso, x3204
Dave Martin, x3305
Dan Staudt, x4921

Jerry Lynch, x3775
Richard Runnels, Jr.,
x3194
Larry Bailey, x3799
Make checks payable to
"Tech-Pro Golf Outing"

Mark your calendar!

AT&T's Omaha Works
Annual Picnic
Sunday, Sept. 13, 1992
Peony Park, 8100 Cass Street

Look for details in upcoming
issues of *The Headliner* and
on the video monitors.

**Treat yourself to
the sweetest buys
this side of the
ice cream counter.**

Shop the Pioneer Porch.

Proceeds support Pioneer community service projects.

Store Hours

Monday, Wednesday and Friday

7-8 a.m., 10:30 a.m.-12:30 p.m., 3-4 p.m.

Thursday 10:30 a.m.-12:30 p.m., 7-8:30 p.m.

Friday 3:30-5 a.m. Closed Tuesday

