WEOMA Club Officer, Director Duties Outlined

As of Jan. 1, the officers and directors assumed their respective duties for the Omaha Works WEOMA Club.

The WEOMA Club, which consists of several associated clubs, provides employees with like interests an opportunity to participate in social, educational and recreational activities.

Each director is responsible for overseeing a specific associated club in addition to other WEOMA Club functions. Directors serve a three-year term with approximately one-third of the directors' terms expiring each year.

The president for the current year is Connie Schmidt, customer service/system support manager, Dept. 532. She is responsible for assigning activities of the club and presides at all meetings of the board of directors in addition to other various duties.

Performing the duties of the president in her absence is the vice-president, Jerry Berger, IBU 571. He also serves on the board as publicity director.

Joseph Jirka, Dept. 2722, will serve a one-year term as treasurer, controlling cash through audits and assuring that proper records of all financial transactions are maintained.

The newly appointed assistant treasurer is Carlos Palacios, Dept. 2722, who will assist the treasurer and serve on the Budget Committee. He will automatically succeed to the office of treasurer in 1991.

Bob Miller, the Pioneer/WEOMA Club administrator, continues as the executive vice-president of the club. Among Miller's many responsibilities is the supervision of the WEOMA Club and he is a member of all committees in an advisory capacity, coordinating all activities.

The Board of Directors and their areas of responsibility are: Linda Johnson, IBU 572, associated clubs; Darwin Fager, Dept. 704, outdoor sports, associated clubs and AT&T toy drive; Don Kaderelt, IBU 582, indoor sports; Marti Lenz, IBU 581, entertainment and tours; Hank Wnuk, Dept. 511, picnic and special education; Berger, publicity; Ethel Payton, IBU 572, representatives; and Sandy Fitzgerald, IBU 572, women's activities and Christmas party. The board meets on the second Thursday of each month.

The secretary for the WEOMA Club is Clara Hendricks. She is charged with the recording and publishing of the minutes of the meetings of the directing board. She also performs many other tasks relating to her position.
NOT: League Secretaries are asked to turn in score results each week to the Weoma Club.

- Editor

**Racquetball**

### DIVISION II

<table>
<thead>
<tr>
<th>STANDINGS</th>
<th>WON</th>
<th>LOST</th>
<th>% WON</th>
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<tr>
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**Bowling**

**WEOMA CLUB FRIDAY AFTERNOON MIXED LEAGUE**

<table>
<thead>
<tr>
<th>STANDINGS</th>
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<tr>
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<td>74</td>
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<tr>
<td>TEN PINS</td>
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<tr>
<td>ACES</td>
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<td>80</td>
</tr>
<tr>
<td>WE BAD</td>
<td>103</td>
<td>81</td>
</tr>
<tr>
<td>GEMS</td>
<td>100</td>
<td>84</td>
</tr>
<tr>
<td>WE TRY</td>
<td>98</td>
<td>86</td>
</tr>
<tr>
<td>JET'S</td>
<td>85</td>
<td>99</td>
</tr>
<tr>
<td>ROSES &amp; THORN'S</td>
<td>74</td>
<td>110</td>
</tr>
<tr>
<td>WILD BUNCH</td>
<td>70</td>
<td>114</td>
</tr>
<tr>
<td>VIKINGS</td>
<td>67</td>
<td>117</td>
</tr>
</tbody>
</table>

200 GAMES & 500 SERIES -
Tom Pallas (223-244-227-694), Al Wilson (527), Linda Sellin (201-533), Dick Hightower (540), Jerry Odell (526), Sue Odell (543), Earl Miles (507), Eddie Jones (513), Gene Bowman (224-581), Marion Panovitz (511), Bill Sharpe (519), Bob Slobodnik (562), Ed Bergan (200-258-206-666), Dick S. (203-235-630)

SPLITS -
Wally Petersen (3-10, 9-10), Bev Wilson (5-10), Jane Belmonte (4-5)

**FREE BOWLING! WIN PRIZES!**

**NO EXPERIENCE NECESSARY**

**BIG BROTHERS-BIG SISTERS "BOWL FOR KIDS" SATURDAY, APRIL 21st**

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**WEOMA CLUB NITE OWENS MIXED LEAGUE**

<table>
<thead>
<tr>
<th>STANDINGS</th>
<th>WON</th>
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</tr>
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<tr>
<td>NO GAS</td>
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<tr>
<td>DODGERS</td>
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<td>NITE CRAWLERS</td>
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<tr>
<td>FIVE NINES</td>
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<td>80</td>
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<tr>
<td>ALL-MOST</td>
<td>110</td>
<td>82</td>
</tr>
<tr>
<td>YA BUTS</td>
<td>106</td>
<td>86</td>
</tr>
<tr>
<td>UP YOUR ALLEY</td>
<td>104</td>
<td>88</td>
</tr>
<tr>
<td>EZ II</td>
<td>100</td>
<td>92</td>
</tr>
<tr>
<td>HAVEN FUN</td>
<td>96</td>
<td>96</td>
</tr>
<tr>
<td>TWO HITS &amp; A MISS</td>
<td>92</td>
<td>100</td>
</tr>
<tr>
<td>DILLIGAF</td>
<td>90</td>
<td>102</td>
</tr>
<tr>
<td>LADIES &amp; THE TRAMP</td>
<td>90</td>
<td>102</td>
</tr>
<tr>
<td>ROLLERS</td>
<td>82</td>
<td>110</td>
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<tr>
<td>2 BEERS &amp; A MIX</td>
<td>70</td>
<td>122</td>
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<tr>
<td>BALL BUSTERS</td>
<td>70</td>
<td>122</td>
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<tr>
<td>ART'S KIDS</td>
<td>58</td>
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**WORKS SERVICE LEAGUE**

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<td>HIGGINS TROPHIES</td>
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<td>BROADWAY BOWL</td>
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<tr>
<td>W.E.R.M. ENTERPRISES</td>
<td>110</td>
<td>72</td>
</tr>
<tr>
<td>THE NEW COTRNER STREET</td>
<td>107</td>
<td>75</td>
</tr>
<tr>
<td>JESTERS (554), Tim Ward (219-552), Rick Novak (213)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**HIGH GAMES & SERIES** -
Jim Kajdaz (217, 214-631), Gordy Viner (276-612), Gene Stuto (215, 215-611), Dave Chonis (238, 235-601), Glen Maxwell (601) (First Ever 600), Kevin Pluta (597), Dennis Glessmann (218-578), Dick Nighter (220-570), Tom Pluta (569), Ron Silva (566), George Stock (564), Bob Bloodsworth (214-564), John Francavilla (217-561), Dick Runnels (213-558), Cher Sears (219-552), Rick Novak (213)

**Volleyball**

**LEAGUE STANDINGS**

<table>
<thead>
<tr>
<th>WON</th>
<th>LOST</th>
</tr>
</thead>
<tbody>
<tr>
<td>TNT</td>
<td>36</td>
</tr>
<tr>
<td>8-PACK</td>
<td>28</td>
</tr>
<tr>
<td>JUST US</td>
<td>23</td>
</tr>
<tr>
<td>DINNS</td>
<td>19</td>
</tr>
<tr>
<td>CURLEY-Q</td>
<td>17</td>
</tr>
<tr>
<td>HACKERS</td>
<td>10</td>
</tr>
</tbody>
</table>

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**FREE BOWLING! WIN PRIZES!**

**NO EXPERIENCE NECESSARY**

**BIG BROTHERS-BIG SISTERS "BOWL FOR KIDS" SATURDAY, APRIL 21st**
HELPING THE KID DOWN THE STREET IS RIGHT UP YOUR ALLEY!

Big Brothers-Big Sisters needs your help! Our waiting list of children is longer than ever. Nearly 350 children wait for that special friend. How many of these children will get a chance to have a Big Brother or Big Sister depends on the success of this year’s BOWL FOR KIDS.

The money raised by the 1989 BOWL FOR KIDS funded the recruitment, screening and matching of Big Brothers and Big Sisters for 138 new children. While many children found that special friend, the waiting list grew by 15 percent in 1989.

The 5th Annual BOWL FOR KIDS kicked off in early February with over 2,400 league bowlers registered to participate. Each bowler secures sponsors who pledge money for their best league game. The support shown by Omaha league bowlers for this project is great, but their support alone won't get the job done. We need to finish BOWL FOR KIDS with the biggest Event Day ever held!

The Event Day for BOWL FOR KIDS involves teams from local companies coming together for one of the area’s largest and most fun bowling fund raisers. As with league bowlers, each team member secures sponsors who pledge money for their best game bowled. All pledges are collected by Big Brothers-Big Sisters through the mail.

Everyone bowls two FREE games, is treated to FREE hot dogs and Pepsi and has a chance at winning terrific door prizes and becomes eligible for grand prizes based on the amount of money raised. The top money raiser will walk away with a trip for two courtesy of AmericaWest Airlines. This year’s Event Day is scheduled for April 21 at Maplewood Lanes.

All it takes is you and four other co-workers. Any company with 5 or more teams automatically receives a BOWL FOR KIDS tee-shirt for each bowler with the company’s logo screened on the back. What a great opportunity for employees to get to know each other, have fun and help a great cause. Your participation is vital and will make everyone a winner. What could be easier? Helping the kids down the street can be right up your alley!

Call: Jerry Fitzgerald at the Pioneer office (x3564) or x4831

SAFETY TRIVIA by Shirley

Trivia about lung cancer--

1. What is the leading cause of cancer deaths among men in the U.S.?
2. Lung cancer strikes more than (a) 75,000, (b) 90,000, or (c) 100,000 persons in the U.S. each year.
3. What disease is the most lethal of cancers?
4. What is the major cause of lung cancer?
5. How do we know cigarette smoking is the major cause of the disease?

ANSWERS:

1. Lung cancer and the death rate among women is steadily increasing.
2. (c) 100,000
3. Lung cancer, although more than 80 percent of all lung cancers are preventable
4. Cigarette smoking.
5. This has been proved by results of epidemiologic, clinical, autopsy and experimental data accumulated over 25 years.

Phyllis Smith, Dept. 583, couldn't believe she won an 11-piece Corning Vision Cookware set.

She answered the Safety Awareness Question: "What is this month’s Safety Awareness topic?" Her answer was "Posture".

If you have not received the fact sheet for March, ask your supervisor for a copy.

Members of the Safety Department will visit the work area once each week until an employee whose name has been drawn can answer a question about the information given on the fact sheet.

COULDHAVEIN: Larry Carnicle said he didn't receive the fact sheet from his supervisor.
Eating for Health

Food is necessary for life as it nourishes our bodies and gives us the energy we need to perform. However, many of us make poor choices when it comes to nourishing our bodies. Important in good nutrition is eating a variety of foods daily from the basic food groups.

Six major food sources are essential to supply the body with the nutrients it needs to function properly. These are:

1. Proteins. The building blocks used to make new cells and to replace worn-out ones.

2. Carbohydrates. Starches and sugars burned as fuel for energy. Fiber adds bulk to the diet and helps eliminate waste.


4. Vitamins. Organic substances used to aid in the release of energy from carbohydrates, fats and proteins, as well as chemical reactions throughout the body.


6. Water. Three-fifths of our body is made of water, which functions in the transport of nutrients, elimination of waste and body temperature regulation.

No one food group contains all the nutrients your body needs. Most foods contain several nutrients. The basic food groups are categorized by the nutrients they contain and provide an easy guide for making food choices. Choose foods from each group every day and vary the choices from within.

BON APPETIT!
Benefit Notes

Our medical deductible, as of Jan. 1, 1990, will apply to all hospital care services, alternatives to inpatient hospital care, chemical dependency/substance abuse rehabilitation care, as well as Travelers' "other covered charges."

We will still have one deductible per person of $150 with a maximum of $450 per family. (Exception applies to those whose income exceeds $50,000 per year.)

In other words, if a trip to the hospital for any reason is the first medical bill of the year, you will meet that deductible much sooner than in previous years. However, once that deductible is met, whether from a hospital bill or bills submitted (in the "old way") to Travelers, our other bills will be treated as they were in 1989.

In gratitude

I would like to thank each and every one of you for your thoughtfulness toward the loss of my son. There are no words to adequately express my gratitude. You are the greatest group of people to work with.

I thank you and my family thanks you.

Joyce Murray and family
IBU 572

I want to thank you all at AT&T for making my retirement coffee so memorable.

Thank you for the money, cards, gifts, flowers and memory sheets and for being my friends for the time I worked there. I will miss you all.

Good luck, God bless and may your "happy day" come soon.

JoAnn DeBolt

Dear People of AT&T,

Thanks for the years of association with all of you! I am enjoying retirement after 20 years of service. Thank you again for the two television sets I received as retirement and service date awards.

Tailwinds,
Elizabeth Reiss

Knolls Golf League has Opening for One Team

There is an opening for one more team on the Tuesday afternoon WEOMA Club Knolls Golf League, according to league secretary, Ted Hoffman. The first day of competition begins on April 17.

Hoffman asks those who are interested in forming a team to contact him on Ext. 3439 as soon as possible.

Extra Westerners Available

The January/February 1990 issue of the Westerner is filled with photos and names of recent Works retirees. Do you know someone who wants extra copies? Extras are available in the Works' Print Shop (lower level, Bldg. 20).

WEOMA Camera Club

The WEOMA Camera Club will have its next meeting on March 20 at 6:30 p.m. at the W. Clarke Swanson Library. This month's activities include a slide contest, its topic being "scenes."

Puttin' On The GLITZ

ANNUAL SPRING PARTY
Crown Hall
April 7, 1990

Cocktails--6 p.m. Tickets--$13.50
Dinner------7 p.m. (On sale
Style show--8 p.m. March 26th)

Entertainment

Grand Prize:
A night on the town! Limo and dinner at Maxine's
THE SMOKING GUN

*ONE IN SIX SMokers DIE OF A DISEASE RELATED TO SMOKING CIGARETTES!

*ARE YOU PLAYING RUSSIAN ROULETTE?

*IS YOUR NAME ON A CIGARETTE?
Wanted

DRUM SET: 733-5892.


PINBALL MACHINES: Gottlieb's King of Diamonds and Crosstown. 339-8248.

For Sale

Pets

PUPPY: adorable Schnauzer/Poodle, female. 895-9283.

Home Entertainment

FOR YOUR CASSETTE: VHS-C adapter & tape, allows for a VHS-C tape to work in any VHS recorder. 572-7192 after 4 p.m.

Sports Equipment

REEBOK RUNNING SHOES: model "World Road" men's size 10 1/2, brand new still in box. 572-7192 after 4 p.m.

MEN'S GOLF CLUBS: right hand with bag. $40. 334-0859.

CANOE: 16' American flat back $300. 345-0900 after 5 p.m.

MOTOR GUIDE TROLLING MOTOR: new. Foot control w/battery saver, 42" shaft $250. 391-5796.

CANOE: Gruman 17', like new. 895-1199.

BOAT: 1987 Bayliner 14' w/50 hp motor. 253-2127 after 4 p.m.

Appliances

KENMORE UPRIGHT VACUUM, $50. 896-3712

Air Conditioner: 5,000 BTU, 110 volt, like new $75. 391-5796.

PORTABLE DISHWASHER: make offer.

PORTABLE POWER HUMIDIFIER: make offer. 895-3258

Home Furnishings

CHINA HUTCH: all wood, dark $285. 333-5199

KITCHEN TABLE (round): wood grain w/4 chairs on casters, good condition, $100. SOFA & CHAIR: rust, cocoa, tan, good condition $200. 733-6627 after 4 p.m.

CARPET & PAD: green 20' x 12', red & black 18' x 10'. 397-4142 after 4 p.m.

FULL SIZE BED: oak head board and frame. $74. 896-3712.

LIVING ROOM CHAIRS, 1 ROCKER, 1 RECLINER. 895-3258

Lawn & Garden

MULCHING MOWER: 21" $60. 496-0492 after 4 p.m.

SAWDUST: makes an ideal soil conditioner/garden mulch, large 55 lb. bag, $3.00. 733-4119

Real Estate

MOBILE HOME: 14' x 70', all electric, 2 BR, 1 1/2 baths, 14' x 24' garage & 8' x 10' storage shed on 110' x 123' lot in Leshara, NE. 721-9334

LAKE HOME: completely furnished, $39,900 or make offer, 25 min. from AT&T. 895-3258.

Tires

TIRES: (1) used Uniroyal white wall, A78-13, $3. (1) used Delta Supreme 110 white wall, 700-13, $3. 733-7499 after 4 p.m.

Vehicles

1981 OLDSMOBILE CUTLASS: very good car. 556-7342

1977 SKYLARK BUICK: clean. 330-5075 between 8 a.m. - 2 p.m.

1985 BUICK SKYLARK: 4 cyl, 4 door, auto, a/c, cruise, vinyl top, 60,200 miles, excellent condition, $4,250. 334-0350 after 5 p.m.

1977 FORD F-150 PICKUP: four wheel drive, $800. 895-0122.

1984 CHEVROLET CHEVETTE: 4 door, automatic, AM-FM radio, 1 owner, 48,000 miles, $2,500. 721-7810.

1984 NISSAN: 300ZX, 6 cyl, 5 speed, T-top, platinum color, 15K miles, $10,000 firm.

1979 OLDSMOBILE CUTLASS: V6, rebuilt motor & transmission, new paint, brakes, exhaust, auto, air, very good car. 328-7089 after 4:30 p.m.


Miscellaneous

PROM DRESSES: (3) sizes 5-7, reasonable. 397-2898.

GLASTITE FIBERGLAS TOPPER: will fit mid-seventies Ford Ranchero, $100. 332-3240.

APPLE iIC COMPUTER: memory expanded to 384K, extra disk drive, 9" green monitor, Brother printer, mouse, joystick, Apple books & programs, $750.

Stripe it rich!

Get out of those winter-blah sweats and put on a happy-stripe topper. Mr. B just added this white, all-cotton sweatshirt to his new spring line. Features sporty red stripes and an Omaha Works signature. Sizes S, M, L, XL.

$20

SHIRLEY PATTERSON...Bring on spring!

Listen to the music

AM/FM mini headphone radio by Stewart. This week's special buy! Compare to $14.50.

$10

What's Your Hangup?

Mini-bear and dancing shamrock hang around all year long. Reduced! $2.25

My Wild Irish Bear

Cute, cuddly, t-shirted critter. Bites only when you don't feed him cookies. $5.25

Irish Green Garters

Don't leave home without one or two or three. $2.50

Irish Shoestrings $1.50
Blarney Buttons $1.00

GOTTA HAVE a garter!